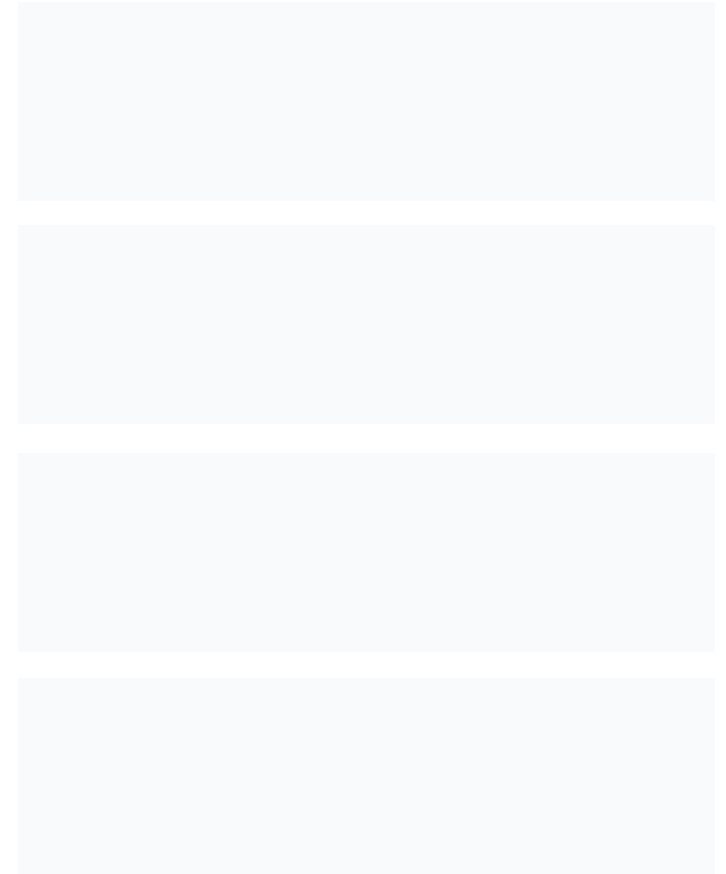
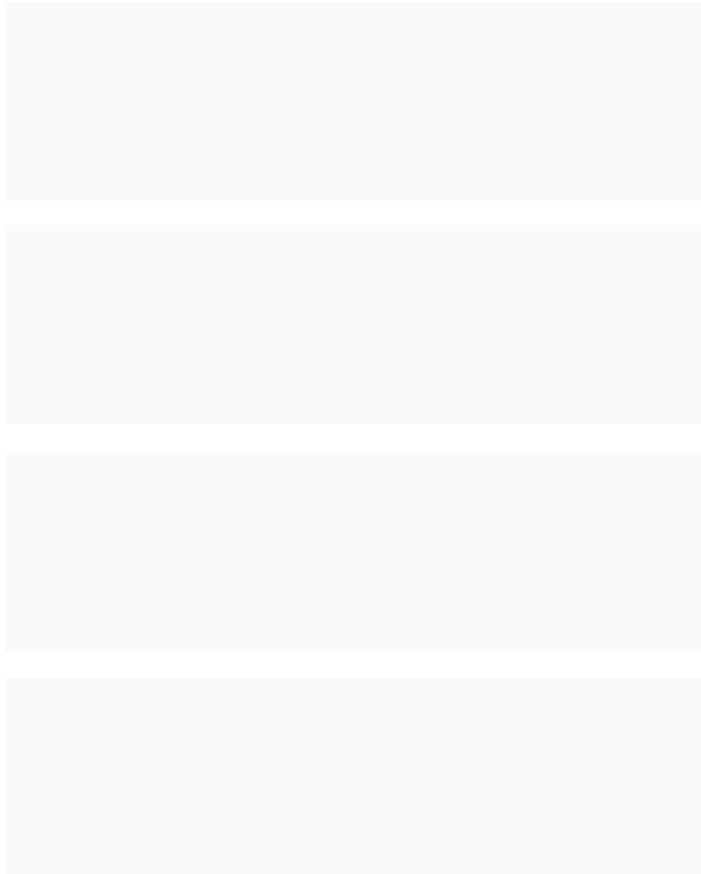


The Hats We Wear



Instructions

PURPOSE:

Build relationships in a new team.

DELIVER:

Virtual, hybrid or face-to-face.

TIME NEEDED:

45 minutes.

STEP-BY-STEP:

1. Before the meeting, make sure everyone has a physical or digital version of the handout.
2. Introduce the meeting by sharing how we each wear different metaphorical 'hats' that make up our identity (e.g., our roles, passions, genders, sexual orientations, religions etc).
3. Share a couple of the hats you wear (e.g., parent, manager, son, Hindu, footballer, musician, friend etc).
4. Ask people to each spend 5-10 minutes writing the different hats they wear, both in and outside work.
5. One by one, give people a few minutes to share what they've written. Thank each person for sharing, show curiosity, and invite questions from the team.